

# Ames Learn to Skate USA Program

Sponsored by: Ames Figure Skating Club



The Ames Learn to Skate Basic Skills Program promotes ice skating and hockey in the community by providing safe, fun & high quality group instruction in accordance with Learn to Skate USA guidelines. Classes are offered year-round at the Ames/ISU Ice Arena, 1507 Gateway Hills Park Drive.

**Programs Offered – Ask us if you need help determining the right class for you.**

**Basic Classes 1-6:** These levels introduce the fundamental moves of ice skating: forward and backward skating, stops, edges, crossovers, three turns, Mohawks and spins. **Basic 1 is for beginners and those with little experience and above the age of 6.**

**Snowplow Sam 1-4:** Designed for children **ages 3-6** with no prior skating experience to build confidence while learning the basic skills of skating.

**Freestyle Classes - Pre-Free Skate – Freeskate 6:** Introduction to more advanced figure skating skills. Skater must complete Pre-Freeskate to register.

**Adult Classes 1-6:** Teen through senior citizens can enjoy learning beginner through advanced skills.

**Hockey 1-4:** Fundamentals of hockey to help maneuver faster and be more agile on the ice. All elements will be taught without sticks.

**Sundays from 5:45-6:30pm.**

**June 3, 10, 17, 24 & July 8 & 15, 2018**

Cost is \$78.00 for the session. Skate rental is included in the registration fee. Payment is due at the time of class. If registrations are low, class levels may be combined. **No make-up lessons.**

Dates subject to change due to ice availability.

Questions? Contact LTS Director at [skateames@gmail.com](mailto:skateames@gmail.com) or visit our website at [www.amesfsc.org](http://www.amesfsc.org).

Register online at [www.amesfsc.com](http://www.amesfsc.com) or Mail in your registration and payment to:

AFSC, PO Box 1494, Ames, IA 50014

**Summer Session 2018**

Skater Name \_\_\_\_\_ Level \_\_\_\_\_ Birth Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone (home) \_\_\_\_\_ (cell) \_\_\_\_\_

Parent Name \_\_\_\_\_

**LIABILITY WAIVER AND EMERGENCY MEDICAL CONSENT**

I hereby release the Ames Figure Skating Club and the Ames Minor Hockey Association, its affiliates, professional staff, Club Officers, and Board members from any and all liabilities as a result of personal injury, which may be sustained by myself/my child. In the event of injury, I authorize Ames FSC to seek on my/my child's behalf, whatever medical treatment the Club may deem necessary.

Skater/Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

(Parent/Guardian if under 18)

Doctor \_\_\_\_\_ Phone \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

**Photo Release Statement**

I hereby consent to and authorize the use of any photographs that have been taken of me and/or my child(ren) for the purpose of marketing/advertising of the AFSC. Such photographs will not have names listed. I hereby acknowledge that I have read and understood the terms of this release.

Skater/Parent Signature \_\_\_\_\_ Date \_\_\_\_\_